

Now

Parkland

Information and stories for Parkland employees
Dec. 16 – Dec. 29, 2024



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star coworker*

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Help recognize a star coworker

The holiday season is about giving, so it's the perfect time to recognize your fellow Parkland team members who give of themselves each and every day for the benefit of our patients and one another. You can submit nominations for the Dallas Fort Worth Hospital Council's Annual Employee of the Year Awards by Wednesday, Dec. 31, and the 2025 DFW Great 100 Nurses by Sunday, Jan. 12, 2025.

Details about each of these submissions are below, and as always, you can recognize your coworkers internally at <http://recognition.phhs.org>. Take the time to recognize your outstanding coworkers this holiday season!

DFW Great 100 Nurses nominations

It's that time of the year to nominate an outstanding Parkland nurse for the 2025 DFW Great 100! Nominations are now open at www.dfwgreat100nurses.com/nominations and will be accepted until Sunday, Jan. 12, 2025. Winners will be announced in early February and celebrated at the Dallas Morton H. Meyerson Symphony Center on Tuesday, May 13, 2025.



THE GREAT 100 NURSES
Dallas • Fort Worth

Rules for nominations:

- Nominees must be registered nurses who live in one of these counties: Collin, Dallas, Denton, Ellis, Erath, Hood, Hunt, Johnson, Kaufman, Parker, Rockwall, Somervell, Tarrant, Wise or Van Zandt.
- The nomination letter should not include any patient names, the nominee's name or specific identifications about the registered nurse (e.g., place of employment). This is to help aid in the blind judging process. Letters submitted that include nominee's name or other forms of identification will be disqualified without notice.
- The letter of recommendation MUST address each of the following categories: role model, leadership qualities, service to the community, compassionate caregiver and significant contributions.
- Past Great 100 recipients are not eligible to be re-nominated. A complete listing of past years' Great 100 Nurses is available at www.dfwgreat100nurses.com/past-great-100-nurses.

Sample past winning Great 100 letters are also available on the Great 100 website at www.dfwgreat100nurses.com/nominations. If you have any issues with submissions, please email info@dfwgreat100nurses.com. If you need assistance writing/editing your nomination, please Parkland.Nurses@phhs.org and a member of the Parkland Center for Advancing Professional Practice (PCAPP) team will be happy to assist you.

DFWHC Employee of the Year Award nominations

Do you work with someone who goes above and beyond each and every day? Does someone you know at Parkland inspire others and embody Parkland's ICARE values? Help us build on last year's success and nominate deserving team members for the Dallas-Fort Worth Hospital Council's Annual Employee of the Year Luncheon today!



DALLAS-FORT WORTH
HOSPITAL COUNCIL

How to nominate

The nomination form is now available on [Parkland's Online Rewards Platform](#) under "Special Rewards." This luncheon honors employees' outstanding work and meaningful contributions. The deadline to submit nominations is Tuesday, Dec. 31. Parkland is allowed to submit one nomination per category. We will not be accepting any forms or attachments via email – please use the link above to submit someone for consideration. Nomination categories can be found below.

- Employee of the Year
- System Employee of the Year
- Physician of the Year
- Preceptor of the Year
- Rex McRae Scholarship
- Volunteer of the Year

We all take pride in the great work we accomplish here at Parkland – honor one of your fellow outstanding employees by submitting a nomination today!



► Compliance Lunch & Learn: Reporting Compliance Concerns – In Practice

Speaking up is always the right thing to do but what does it look like in practice? Join the Compliance and Ethics Lunch and Learn from noon to 1 p.m. on Monday, Dec. 23, where we will discuss what to report, how to report and understand why reporting is an important part of Parkland's culture of compliance. To join the WebEx, [click here](#) or scan the QR code below.

Parkland is committed to taking your concerns seriously. Promptly reporting potential violations of applicable law, regulation, policy, or procedure is one of our responsibilities as workforce members. Concerns may involve situations related to patient care, compliance, or business ethics. Creating an environment where concerns can be raised, openly discussed and reported is intertwined into our ICARE Values and our Code of Conduct and Ethics.



▼ Lasting Impressions: Maria De La Cruz



Each week, "Lasting Impressions" features a Parkland employee who does exceptional work and provides excellent customer service. This week's "Lasting Impressions" features, Maria De La Cruz, Senior Registered Nurse, C.V. Roman Health Center.

"Maria is an extraordinary person and clinician. She demonstrates several ICARE qualities on a daily basis. Maria comes to work and is always willing to help not just our patient population but her peers. She is a very resourceful nurse who demonstrates compassion and respect with every patients she encounters. She is a true advocate to her patients and will always take the time to ensure her patients' needs are met and all of their questions are answered."



Want to nominate an employee who goes above and beyond? Tell us what makes them so fantastic by emailing Employees@phhs.org or calling ext. 28048.

Join the virtual town hall this Thursday

Join us at 11 a.m. Thursday, Dec. 19, for our monthly employee virtual town hall:

- **Join the WebEx**
- **Event number:** 2664 028 1403
- **Event password:** SGmemZ2id92 (74636924 when dialing from a phone or video system)
- **Phone number:** 1-650-479-3208 (United States Toll)

To catch up on any town halls you missed, [click here](#).

Editor's Note:

Due to the Christmas holiday, there will be no Monday, Dec. 23, issue of *Parkland Now*. Regular weekly publication will resume on Monday, Dec. 30. Happy holidays!



▶ Kwanzaa Celebration rescheduled for Dec. 16

As a result of The Joint Commission survey, the VOICES ERG's Kwanzaa Celebration has been rescheduled for noon – 1 p.m. on Monday, Dec. 16, in the Private Dining Room. They welcome Bandan Koro African Drum and Dance Ensemble for a special performance and educational session. You can also join virtually using the WebEx information below. To learn more, email ParklandVOICES@phhs.org.

- **Join WebEx**
- **Webinar number:** 2305 162 4947
- **Webinar password:** FhkUmhHd536 (34586443 when dialing from a phone or video system)

Kwanzaa is a time of learning, family and education; and each day of Kwanzaa emphasizes a different principle. The seven principles, or Nguzo Saba, which are observed are Umoja (Unity), Kujichagulia (Self-determination), Ujima (Collective Work and Responsibility), Ujamaa (Cooperative Economics), Nia (Purpose), Kuumba (Creativity), and Imani (Faith). These values are highlighted as keys to building and reinforcing community among African Americans. Kwanzaa takes place each year from Dec. 26 to Jan. 1 and combines aspects of several different harvest celebrations, such as those of the Ashanti Empire and Zulu Kingdom, to form the basis of the week-long holiday. (Source: Smithsonian Institution).



▶ Thank you to our parade volunteers!

The Dallas Holiday Parade took place on Dec. 7, and Parkland volunteers played a huge part in making it a success! We had 565 Parkland team members and family members helping in this year's parade, by far our largest volunteer contingent to date.

Thank you to everyone who dedicated their time to making this a special day in our community.

EHC Expands Musculoskeletal Services

The EHC welcomes Minh Nguyen, MD, Interventional Spine Physician to the team!



The Employee Health Center (EHC) is expanding musculoskeletal services to offer interventional spine in addition to musculoskeletal pain, sports medicine and chiropractic services. Minh Nguyen, MD is the EHC's newest provider and is now seeing patients. Dr. Nguyen received his medical degree at St. George's University School of Medicine, and he also received a master's degree in environmental and occupational health from St. George's University. He completed a residency in physical medicine and rehabilitation at Rush University Medical Center and advanced training through an interventional spine and musculoskeletal medicine fellowship at OrthoCarolina.

Dr. Nguyen shares that, "my passion lies in helping patients overcome spine-related pain and regain their quality of life through advanced, minimally invasive treatments. I believe in a patient-centered approach, working closely with each individual to develop customized treatment plans tailored to their unique needs and goals. Whether addressing chronic back pain, spinal injuries, or degenerative conditions, I focus on using the most up-to-date techniques to deliver personalized, effective care."

Employees can self-refer to for the following conditions and services:

MINH NGUYEN, MD

Interventional Spine Physician

- Spinal disorders
- General rehabilitation
- Interventional techniques for spine rehabilitation
- Musculoskeletal pathology
- Pain medicine
- Spine axial injections

AMANDA WISE, DO, CAQSM

Musculoskeletal Pain & Sports Medicine Physician

- Non-operative sports medicine
- Acute and chronic musculoskeletal conditions
- Joint pain
- Diagnostic & interventional musculoskeletal ultrasound
- Osteoarthritis
- Exercise as medicine
- Tendon overuse injuries

MIA CUNNINGHAM, DC

Chiropractor

- Biomechanical analysis (spinal analysis including posture, gait, and fundamental movement)
- Gentle spinal manipulation/mobilization techniques to reduce joint restriction and restore range of motion to the spine.
- Myofascial release (stretching to release tautness in those who are injured)

TO SCHEDULE, CALL 214-590-2800

Holiday decoration guidelines

This holiday season, you may want to spruce up your work area in a festive way. But it's important that whatever decorations you put up comply with [Life Safety Policy LS 01-03: Holiday & Special Occasion Decorations](#). A few basic guidelines are below, but please refer to the policy before doing any holiday decorating.

Infection Prevention:

In an effort to ensure the highest level of regulatory compliance and patient safety, any holiday decorations as allowed under Life Safety Policy LS 01-03 must be limited to off-stage, non-patient care areas only. Decorations that meet the material standard must be cleanable with hospital-approved disinfectant wipes and should not impede proper cleaning of other environmental surfaces.

Fire Safety

- Decorations may not block or restrict access to any fire or life safety equipment. This includes but is not limited to the obstruction of fire sprinkler heads, exit signs, fire extinguishers, fire alarm devices, medical gas isolation valves or electrical panels.
- Decorations of any kind may not be suspended from ceilings or attached to fire or smoke compartment doors or obstruct the function of any door or latch.



Parkland

Care. Compassion. Community.

Parkland Now is published by the Corporate Communications department at Parkland Health.

Please note the submission deadline for each issue of Parkland Now is by the end of day each Monday.

To publicize your news in Parkland Now, please send all submissions to Employees@phhs.org or call ext. 28048.