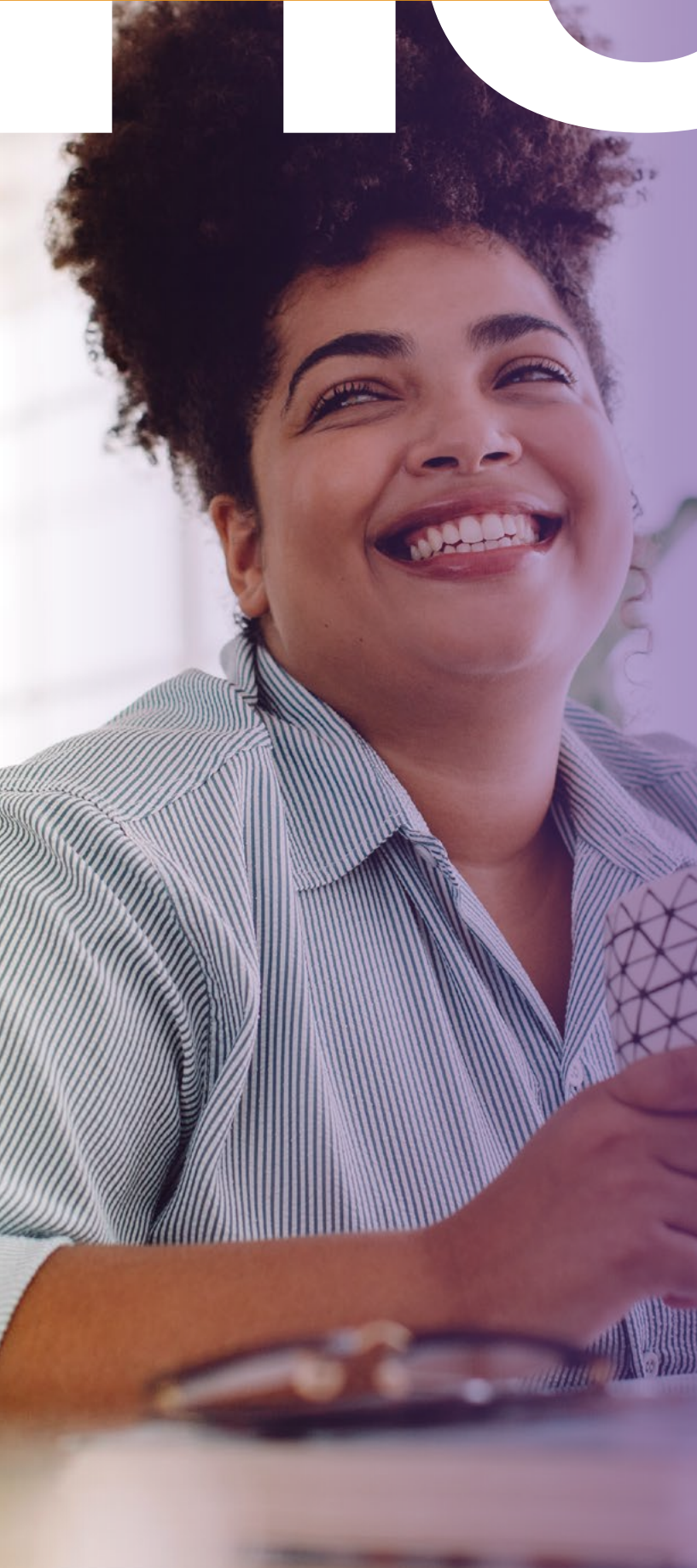


# HOW

Parkland



Information and stories for Parkland employees  
Oct. 7 – Oct. 13, 2024



Parkland's  
**OPEN**  
**ENROLLMENT**  
period is

**Oct. 7-21**

Reach for the Stars Nursing  
Scholarship applications **P.2**

October HRO theme: Phonetic  
and Numeric Clarifications **P.3**

Do Good Fest 2024:  
Music with a mission **P.4**

## Parkland's Open Enrollment period is Oct. 7-21

Open Enrollment is your opportunity to review and adjust your benefits elections for the 2025 calendar year. During this time, please be sure to confirm that your current mailing address and contact information are on file.

[Learn More at ParklandBenefits.org](https://ParklandBenefits.org)

### Join the Benefits Fairs

At these events, you'll have an opportunity to speak with vendors and ask questions regarding your benefits.

- 7 a.m. to noon Wednesday, Oct. 9 at Correctional Health
- Noon to 5 p.m. Tuesday, Oct. 15 in the Private Dining Room
- 7 a.m. to 3 p.m. Wednesday, Oct. 16 in the Private Dining Room



### Complete your Open Enrollment for 2025:

- You can enroll on PeopleSoft via [ParklandBenefits.org](https://ParklandBenefits.org) or by visiting the [PeopleSoft site](#) from the SharePoint homepage.
- Once in PeopleSoft:
  - Enter your password and User ID, which is your Parkland employee ID number.
  - After signing in, click on the "Open Enrollment" icon.
  - Once you log in, you can watch the Open Enrollment Video and review your contact information and address. (Step 1-3)

### What's new in 2025:

- For the second straight year, there will be no increase to your medical premiums in 2025.
- We are excited to introduce our new Cigna Healthcare Wellness Experience! Our wellness platform in your myCigna account will support your health journey and give you the opportunity to earn rewards up to \$100.
- **As part of our wellness initiative, Parkland is a smoke-free campus. During Open Enrollment, all employees enrolled in the Parkland Employee Health Plan for 2025 MUST complete an attestation stating if they 1) are not a tobacco user, 2) are a tobacco user and do not intend to discontinue usage, or 3) are a tobacco user and will complete a tobacco cessation program before June 30, 2025. Beginning in 2025, a \$30 per pay period surcharge will be applied for staff who:**
  - Do not complete the attestation in PeopleSoft (surcharge will be applied starting Jan. 1, 2025)
  - State that they are a tobacco user and do not intend to discontinue usage (surcharge will be applied starting Jan. 1, 2025)
  - State that they are a tobacco user and will complete a tobacco cessation program but do not submit documentation of completion by June 30, 2025 (surcharge will be applied starting after June 30, 2025)
- For spouses who have access to medical coverage from their employer but elect to participate in the Parkland Employee Health Plan, the Spousal Surcharge will increase from \$75 to \$100 per pay period.
- We are enhancing our infertility benefit and adoption assistance program with increased lifetime maximums.
- The Employee Assistance Program (EAP) is now consolidated under Cigna. Your annual EAP visits will increase from three to five per year. CompPsych EAP visits will no longer be available.

Visit [ParklandBenefits.org](https://ParklandBenefits.org) for more information on Open Enrollment and the benefits available to you as a Parkland employee.

If you have questions or concerns about this year's Open Enrollment, you may contact the Office of Talent Management (OTM) [online](#) or by phone (469-419-3000, ext. 73000).

## ► Reach for the Stars Nursing Scholarship applications open Oct. 9

At Parkland, we value the excellent work you do for our patients today and support you in achieving your goals for tomorrow. If you are pursuing in a career in nursing, Parkland's Reach for the Stars Scholarship Program serves as an opportunity to help you reach your professional goals. Open to current Parkland employees, this bi-annual scholarship is specifically designed for undergraduate students enrolled in a public nursing school and who demonstrate financial need.

The scholarship covers up to \$29,390 per recipient – the application process will take place beginning Wednesday, Oct. 9, through Wednesday, Oct. 23.

To apply for this scholarship and find more information, visit the [Reach for the Stars Nursing Scholarship SharePoint Page](#) (OTM SharePoint Page > Workforce Development > "Scholarship Programs"). You can also find more information by viewing this video and flier. Eligibility requirements are listed on the [Reach for the Stars Nursing Scholarship](#) page.

## ▼ Lasting Impressions: Annika Johnson



Each week, "Lasting Impressions" features a Parkland employee who does exceptional work and provides excellent customer service. This week's "Lasting Impressions" features Annika Johnson, Registered Nurse Specialist, Labor & Delivery.

*"In talking with a patient about her experience, she couldn't stop talking about the amazing nurse who helped her have her baby. The patient reported that while most of the nurses that she had did a great job, they could not compare to Annika Johnson. In her exact words, Annika was 'phenomenal.' The patient could not stop talking about the amazing care that Annika provided not only to her, but to her family as well."*



Want to nominate an employee who goes above and beyond? Tell us what makes them so fantastic by emailing [Employees@phhs.org](mailto:Employees@phhs.org) or calling ext. 28048.

## Auxiliary hosts online linen sale

Now through Monday, Oct. 21, you can make purchases through Southern Comfort Bedding that also benefit the Parkland Auxiliary. Visit [www.southerncomfortbedding.com](http://www.southerncomfortbedding.com) to shop (orders will be shipped to your home). Samples of the bedding products are also available in the Parkland Gift Shop.



## ► October HRO theme: Phonetic and Numeric Clarifications

### Phonetic Clarification

- We make certain what we hear is what was intended by using phonetic clarification whenever there could be confusion. An example is, "There is a code in Neurology! That is Neurology with an N, **as in** November." Using the safety phrase, "as in" lets the listener know a phonetic clarification is coming.

### Examples:

- A **as in** Alpha
- B **as in** Bravo
- Z **as in** Zulu

Use the [Alpha/Bravo/Charlie phonetic alphabet chart](#), to clarify phonetic sounds when words may sound alike or be unclear.

### Numeric Clarification

This is a deliberate effort to avoid confusion with numbers that sound alike particularly when communicating medication doses, critical lab values, equipment set points, or patient identification numbers.

### Examples:

- 15, **that's** one-five
- 50, **that's** five-zero
- 425, **that's** the number four- two-five
- 4 to 5 **that's** the range four- dash-five
- Remember to always call out leading zeros: 0.9 **that's** zero-point-nine

You can print a copy of the October HRO theme by clicking [here](#). Share this information with your team this month and discuss how you can begin using this tool. For more information on HRO topics or events, click [here](#) to visit the HRO SharePoint site or email [QualitySafetyOperations@phhs.org](mailto:QualitySafetyOperations@phhs.org).

JOURNEY TO → HIGH  
RELIABILITY



# NATIONAL LIFE GROUP DO good FEST®

## ▶ Do Good Fest 2024: Music with a mission

Mark your calendars for Saturday, Oct. 12, as the National Life Group Do Good Fest returns to Levitt Pavilion in Arlington. Headlined by country star Aaron Watson, with performances by Carson Jeffrey, Catie Offerman, and September Moon, this event promises great music, food trucks and community spirit.

Do Good Fest supports Parkland's Pediatric Behavioral Health Program, with all proceeds going toward helping local youth access crucial mental healthcare. Tickets start at just \$5. VIP options are available. Don't miss the drawing for a signed guitar by Aaron Watson! To purchase tickets or learn more, visit <https://dogoodfest.com/texas>.

## ▶ MVP ERG honoring those who served this Veterans Day

Are you a veteran or would you like to recognize a loved one who is a veteran? If so, please complete [this form](#) for inclusion in the Veterans Day activities hosted by the Military Veterans at Parkland Employee Resource Group (MVP ERG). Please limit submissions to no more than three per employee. The deadline for inclusion in the 2024 activities is Friday, Nov. 1.



## October healthcare observances\*

- |  |   |
|--|---|
| Oct. 5: World Meningitis Day   | Oct. 20-26: National Healthcare Quality Week, Respiratory Care Week |
| Oct. 6: World Cerebral Palsy Day   | Oct. 21-25: National Health Education Week                          |
| Oct. 7: National Depression Screening Day  | Oct. 21-27: National Pharmacy Week                                  |
| Oct. 10: World Mental Health Day, World Sight Day  | Oct. 23-31: Red Ribbon Week   |
| Oct. 13: Metastatic Breast Cancer Awareness Day  | Domestic Violence Awareness Month                                   |
| Oct. 15: Global Handwashing Day, National Latino AIDS Awareness Day, World Pregnancy and Infant Loss Remembrance Day | Eye Injury Prevention Month   |
| Oct. 18: National Mammography Day  | Health Literacy Month   |
| Oct. 19: World Pediatric Bone and Joint Day  | Healthy Lung Month  |
| Oct. 20: World Osteoporosis Day  | Home Eye Safety Month   |
| Oct. 21: National Check Your Meds Day  | Medical Ultrasound Awareness Month                                  |
| Oct. 26: National Prescription Drug Take Back Day  | National ADHD Awareness Month                                       |
| Oct. 29: World Psoriasis Day   | National Breast Cancer Awareness Month                              |
| Oct. 30: World Hypophosphatasia Day  | National Dental Hygiene Month                                       |
| Oct. 6-12: Mental Illness Awareness Week, National Primary Care Week, National Physician Assistant Week              | National Down Syndrome Awareness Month                              |
| Oct. 12-20: Bone and Joint Health Action Week  | National Physical Therapy Month                                     |
| Oct. 13-19: International Infection Prevention Week  | Prenatal-onset GBS Disease Recognition Month                        |
|  | Spina Bifida Awareness Month  |
|  | Sudden Cardiac Arrest Awareness Month                               |
|  | Sudden Infant Death Syndrome (SIDS) Awareness Month                 |

\*The list of healthcare observations comes from [www.healthgrades.com](http://www.healthgrades.com) as well as the Society for Healthcare Strategy & Market Development calendar. If an observation was omitted, call 214-590-8048 (ext. 28048) or email [Employees@phhs.org](mailto:Employees@phhs.org) to add it to the list.



Care. Compassion. Community.

Parkland Now is published by the Corporate Communications department at Parkland Health.

Please note the submission deadline for each issue of *Parkland Now* is by the end of day each Monday.

To publicize your news in *Parkland Now*, please send all submissions to [Employees@phhs.org](mailto:Employees@phhs.org) or call ext. 28048.