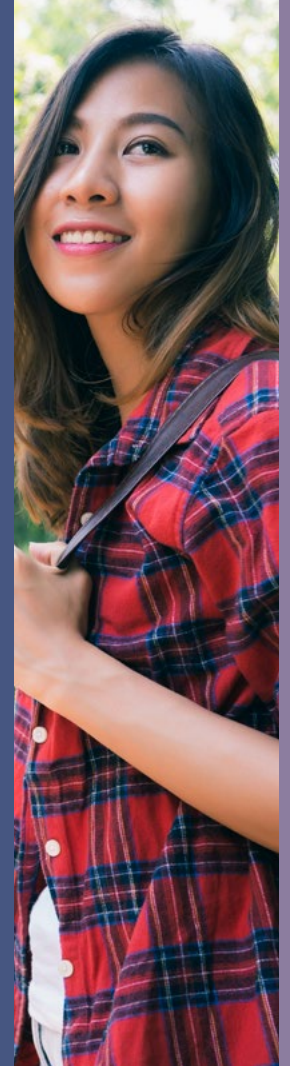


Parkland

Information and stories for Parkland employees
Aug. 28 – Sept. 10, 2023



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Parkland's 21-Day Challenge returns today

Parkland is committed to creating an inclusive and welcoming environment for the patients, employees and the communities we serve. Understanding racial and social equity issues is an important step in overcoming structural and systemic barriers, including their impacts on health and quality of life.

As part of our commitment to these key principles, we're pleased to announce that the 21-Day Allyship Challenge has begun!

Starting today through September 17, the Challenge invites you to take 10-15 minutes each day to read, watch, listen, notice, reflect, engage and act to develop racial and social awareness and deepen your connection with others. Accepting this year's Challenge means each of us taking a step toward becoming more aware, learning about other's life experiences and shifting the way we behave with one another.

All Parkland employees are invited and encouraged to participate. The goal of the 21-Day Challenge is to build more effective multicultural allyship habits, particularly those dealing with issues of race, social justice, power, privilege and leadership.

Visit [our dedicated 21-Day Challenge page](#) to join us in taking the challenge. If you have any questions on how to participate in this year's challenge, please feel free to e-mail the Office of Diversity, Equity & Inclusion at Diversity.Inclusion@phhs.org.



► Parkland receives multiple recognitions for sustainability

To say that Parkland's campus was built with sustainability in mind would be an understatement. The campus, which includes over 3.3 million sq. ft. of space that has been completed in the last eight years, has recently received numerous recognitions for sustainability, including:

- The 2023 Energy to Care Award and the Energy to Care Sustainability Champion Award by The American Society for Healthcare Engineering (ASHE) for its sustainability efforts that led to a 10% reduction in electricity use. The awards are granted to hospitals leading the way in energy efficiency and sustainability, setting the bar for all facilities striving to reduce their carbon footprints. ASHE is a membership group of the American Hospital Association for professionals who design, build, maintain and operate hospitals and other healthcare facilities. It is the country's largest association of its kind.
- Parkland's main campus once again received ENERGY STAR certification for 2023. To be certified as ENERGY STAR, a building must meet strict energy performance standards set by EPA. According to the ENERGY STAR website, "Certified buildings save energy, save money, and help protect the environment by generating fewer greenhouse gas emissions than typical buildings." Parkland's main campus is currently the largest ENERGY STAR certified healthcare campus in the U.S. and has an energy efficiency rating greater than 90% of healthcare facilities.
- The Maple Avenue Garage received Parksmart Bronze certification from the U.S. Green Building Council, which recognizes sustainable practices in parking structure management, programming, design, and technology. The garage includes amenities such as tire inflation and electric vehicle charging stations.



Parkland's entire healthcare campus was sustainably designed. In doing so, Parkland can efficiently manage and control energy use. Additionally, by focusing on the organization's energy management framework for optimization, energy sourcing and strategy, monitoring and control, and certification and compliance, the hospital's entire energy program has reaped more than \$2 million in savings.

In addition to these honors, Parkland also holds six Leadership in Energy and Environmental Design (LEED) Gold Certifications its Moody Outpatient Center, Ron J. Anderson, MD Clinic Building, Women & Infant's Specialty Health (WISH) Clinic, Central Utility Plant, Tower Garage and Parkland Memorial Hospital.

► Register for the free Dallas Healthy Start events

This September, Dallas Healthy Start will host the 16th Annual Infant Mortality Awareness Summit on Friday, Sept. 8, and the Birthing Justice Awareness Summit on Saturday, Sept. 9. Both events will be at the Highland Hills Branch library (6200 Bonnie View Road, Dallas, 75241). Both events are free to attend, but registration is required.

- **Infant Mortality Awareness Summit:** [Click here to register](#)
- **Birthing Justice Awareness Summit:** [Click here to register](#)

▼ Lasting Impressions: Kaream Khatibi



Each week, "Lasting Impressions" features a Parkland employee who does exceptional work and provides excellent customer service. This week's "Lasting Impressions" features Kaream Khatibi, Sonographer Cardio/OBGYN, Sonography.

"Kaream is an amazing example of our ICARE values. He is very passionate about being a sonographer and exhibits great patient care and is very respectful. Patients trust him and feel very comfortable with him. He has been with Parkland for 11 years. He goes beyond the call of duty. One time there was a patient who was extremely upset and having a really bad day. I witnessed him talk to her as he was taking her to the exam room and his tone and words just soothed the patient, because that is his personality. After the appointment when she came out, she was calm and smiling. He not only sees patients at the main campus, he is also assigned to see patients in our women's health centers. Patients and employees love his kind heart, humbleness and work ethic. He maintains a positive attitude and is always willing to help. In the women's health center clinics, Kaream always communicates with support staff regarding patients' appointments, check-in status and even sends reminders to patients of their appointments. Thank you, Kaream for giving your all at work."



Want to nominate an employee who goes above and beyond? Tell us what makes them so fantastic by emailing Employees@phhs.org or calling ext. 28048.

Enjoy a free concert supporting Parkland Pediatric Behavioral Health

Parkland Health employees and their families are invited to Do Good Fest, a free concert benefitting the Pediatric Behavioral Health Program at Parkland Health. The second annual concert is hosted by National Life Group. It will take place at 5.p.m. on Saturday, Sept. 23, at the Levitt Pavilion located in Arlington.

At last year's inaugural event, National Life Group helped raise over \$70,000 to support our pediatric behavioral health work in Dallas County. Our hope is to have a sea of Parkland purple being worn by staff and loved ones in appreciation of National Life Group's efforts.

The festival includes live music by Mark Chesnutt, Jack Ingram and Kaitlin Butts. There will also be signature food trucks. While the concert is free, advanced tickets are required. You can get more details about the event and reserve your tickets [here](#).

Register for the September blood drive

Parkland will host a Carter BloodCare blood drive from 10 a.m. – 5:30 p.m. on Thursday, Sept. 14, in the Private Dining Room. Online registration is encouraged and is available by [clicking here](#). There will also be a limited opportunity to accommodate walk-ups, based on availability.

In addition, a Carter BloodCare mobile unit will be located outside the Maple Avenue Garage (adjacent to the Moody Outpatient Center) from 10 a.m. – 2 p.m. The mobile unit blood drive is open to the public, and registration is available by [clicking here](#).

Blood donors should bring a driver's license, know their medications, eat a good meal and drink plenty of fluids. For more information, contact Monique Barksdale at 469-419-1628 (ext. 71628) or Monique.Barksdale@phhs.org.

► Celebrate our amazing APRNs Sept. 7

Join us at 4 p.m. on Thursday, Sept. 7, in the MacGregor W. Day Auditorium (1st Floor, Moody Outpatient Center), as we celebrate the work of all of our advance practice registered nurses (APRNs) and Parkland's 2023 APRN of the Year Celebration.

Parkland recognizes one APRN each year for their outstanding contribution to our patients. Criteria for the APRN of the Year award are based on Parkland's ICARE values. Honorees are recognized for their contributions toward clinical practice, professional involvement, community service, leadership, research and education.

A record number of nominations were received for this year's award. All are invited to celebrate our APRN colleagues!

AUGUST EMPLOYEE HEALTH & WELLNESS

MythBusters: Diabetes Edition WEBINAR

Parkland Employee Health & Wellness and Benefits will be hosting a series of events for employees to address misconceptions about diabetes, inform employees about diabetes prevention, and educate about a healthy lifestyle with diabetes. On Aug. 29, Employee Health and Wellness will host a lunch-and-learn webinar addressing common misconceptions about diabetes from noon to 12:45 p.m. Panelists include Lauren Moore, MPAS, PA-C, Global Diabetes and Employee Health Center Diabetes Endocrinology Physician Assistant; Shrina Bana, PharmD, BCACP, Employee Health Center Licensed Pharmacy Specialist; Mark Dalal, PhD, Employee Health Center Clinical Psychologist; Kristie Adame, RD, LD, CDCES, Global Diabetes Certified Diabetes Care and Education Specialist.

Join the WebEx or go to the SharePoint homepage for the join link

Webinar number: 2622 598 1355

Webinar password: 35AftzxETp4 or 35238993 for phones

Call in: +1-469-210-7159 United States Toll (Dallas) | +1-408-418-9388 United States Toll

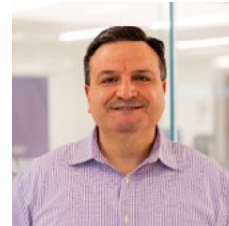
Add Webinar to Outlook calendar



Lauren Moore, MPAS, PA-C



Shrina Bana, PharmD, BCACP



Mark Dalal, PhD



Kristie Adame, RD, LD, CDCES

Thriving Beyond Diabetes EVENT

Following the webinar, on Thursday, Aug. 31, from 11:30 a.m. to 1 p.m. Employee Health & Wellness and Benefits will host a Thriving Beyond Diabetes tabling event at the Parkland Main Campus Cafeteria with guests from the Employee Health Center and Parkland Global Diabetes Center. Ask experts your questions about diabetes prevention and discuss living a healthy life beyond diabetes. There will also be an opportunity to learn more from UMR and Benefits on your options and coverage for diabetes care and the Diabetic Incentive CARE program, along with trivia games and giveaways.

**PARKLAND EMPLOYEE
HEALTH & WELLNESS**

DCHD PD offers active shooter response training

The Dallas County Hospital District Police Department is offering in-person active shooter response training available to all Parkland team members. The trainings, led by Officer Darlene Griffin., Crime Prevention Coordinator, will take place on Tuesday, Sept. 12, and Thursday, Sept. 21, from 8 – 9:15 a.m., 3 – 4:15 p.m. and 6 – 7:15 p.m. each day. These training sessions will be held in the Moody Outpatient Center 5th floor Classrooms I and H (MOC 05-1454).

Seating is limited to 40 attendees per session, so registration is required. You can register, either individually or as a group, by emailing CrimePrevention@phhs.org the date and time of session you wish to attend.

Editor's Note

Due to the Labor Day holiday, there will be no Monday, Sept. 4, issue of *Parkland Now*. Regular weekly publication will resume on Monday, Sept. 11.

Upcoming UKG support updates

As part of our effort to offer the highest level of support for all UKG/Payroll Processing requests, we wanted to update you with the following upcoming changes. Effective Tuesday, Aug. 29:

- Payroll questions can be submitted within the [Self-Service Portal](#) on a new dedicated tile for Payroll. This will replace the UKGCentralPayroll@phhs.org mailbox.
- A new mailbox will also be made available to submit questions for UKG Advanced Scheduling at UKGAdvancedScheduling@phhs.org. This will replace the CSOLeadershipTeam@phhs.org mailbox.

PLEASE NOTE: Users may also continue to enter an [IT Self-Service Incident Ticket](#) for support.



Care. Compassion. Community.

Parkland Now is published by the Corporate Communications department at Parkland Health. Please note the submission deadline for each issue of *Parkland Now* is by the end of day each Monday. To publicize your news in *Parkland Now*, please send all submissions to Employees@phhs.org or call ext. 28048.