

# Now

# Parkland

Information and stories for Parkland employees  
Aug. 19 – Aug. 25, 2024

## Parkland awarded Sustainable Healthcare Certification



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# Parkland awarded Sustainable Healthcare Certification from The Joint Commission

*Recognized for its prioritization of environmental sustainability*



Parkland Health has earned The Joint Commission's Sustainable Healthcare Certification (SHC) by prioritizing environmental sustainability through decarbonization efforts. The certification demonstrates Parkland's achievement in establishing structure, rigor and accountability to accelerate these efforts.

The healthcare industry accounts for nearly 9% of the nation's carbon emissions. In reducing greenhouse gas (GHG) emissions, organizations commit to cost-effective and efficient operations that seek to address climate change and the impacts that climate-related events can have on individuals.

Parkland underwent a virtual review on July 23. During the review, a team of reviewers from The Joint Commission evaluated compliance with related certification standards including the organization's contribution toward global sustainability, its baselines for measuring three sources of GHG emissions and its actionable plans for reducing them.

"Sustainable Healthcare Certification recognizes healthcare organizations committed to striving for excellence and fostering continuous improvement in patient safety, quality of care and environmental sustainability," says Ken Grubbs, DNP, MBA, RN, Executive Vice President of Accreditation and Certification Operations and Chief Nursing Officer, The Joint Commission. "We commend Parkland for using The Joint Commission's certification process to enact sustainable practices and utilize resources that positively benefit patients and the environment."

"This milestone not only reflects our commitment to promoting sustainability in healthcare but also underscores our dedication to protecting the health of our most vulnerable patients. By prioritizing environmentally responsible practices, we are ensuring a healthier future for our community and the planet," said Michael Wood, Parkland's Senior Director of Facilities Support Services. "Sustainable healthcare is essential in reducing environmental risks that disproportionately affect those who are already at a disadvantage. We look forward to continuing our efforts to create a safe, healthy and sustainable environment for all."

Parkland was recognized for its accomplishments in greenhouse gas reductions in the categories of energy, waste and desflurane. This award comes on the heels of comprehensive assessments of the health system's practices, engaging cross-departmental teams and implementing innovative strategies that not only align with its commitment to environmental stewardship but also enhance the quality-of-care Parkland provides.

Congratulations to everyone who's work contributed to the recognition!

## Chiropractic Services now available for employees!

The Employee Health Center (EHC) is growing and welcomes Mia Cunningham, DC, to the team. Dr. Cunningham is now seeing patients and offers in-clinic chiropractic adjustments. Chiropractic treatments in the EHC include:

- Biomechanical analysis (spinal analysis including posture, gait and fundamental movement)
- Gentle spinal manipulation/mobilization techniques utilizing hand and/or instrumentation to reduce joint restriction and restore range of motion to the spine.
- Myofascial release (stretching designed to release tautness in those who are injured)

Dr. Cunningham received her Doctor of Chiropractic from Life University and has been in practice as a chiropractor for more than 10 years. Her area of expertise is chiropractic adjustments for musculoskeletal pain, spine and neck pain, headaches, extremity pain, disc issues, muscle strains/sprains, myofascial pain, athletic/sports injuries and pregnancy related symptoms.

In visits with Dr. Cunningham, patients can expect to have a thorough overview of their complaints and a treatment plan that's uniquely tailored to them after identifying the root cause of their issue. Dr. Cunningham's goal in caring for patients is for them to achieve their definition of optimal health through a provider-patient relationship that's founded on mutual respect, trust, understanding and patience. She enjoys educating patients about biomechanics and preventive lifestyle changes and shares that her patient care philosophy is to focus on listening first. To schedule an appointment, call 214-590-2800 (ext. 22800).

The Employee Health Center accepts most insurances and is a Tier 1 Cigna provider. Chiropractic visits at EHC are \$20 copay with Cigna PPO insurance. Employees on the high-deductible (HDHP) plan will need to meet their deductible before the plan pays. Appointments in the EHC are offered Monday through Friday, 8 a.m. – 5 p.m., in-person in the Moody Outpatient Center (Clinic 4A).



Mia Cunningham, DC

## ▼ Lasting Impressions: Manohar Reddy Konnuru



Each week, "Lasting Impressions" features a Parkland employee who does exceptional work and provides excellent customer service. This week's "Lasting Impressions" features Manohar Reddy Konnuru, IT Application Systems Developer, Information Technology Business and Financial Systems.

*"I would like to recognize Manohar for his kindness, intelligence and extensive knowledge in his role. He works on so many open request emails dealing with Pathways and PeopleSoft and he consistently resolves issues promptly and efficiently. Manohar has a calm and pleasant demeanor, is always professional, and always tries to provide solutions to any errors or issues he encounters."*



Want to nominate an employee who goes above and beyond? Tell us what makes them so fantastic by emailing [Employees@phhs.org](mailto:Employees@phhs.org) or calling ext. 28048.



## ▼ Join us at the State Fair of Texas!

This year, we will have a dedicated tent exclusively for Parkland team members and their families from 10 a.m. – 5 p.m. on Saturday, Sept. 28. The tent will be located between the African American Museum and the Magnolia Beer Garden when you enter through Gate 5. The State Fair of Texas begins Friday, Sept. 27, and you are invited to join us there and show your Parkland Pride!

### Activities will include:

- Fair-themed T-shirt for Parkland team members
- Live entertainment
- Food, snacks and drinks
- Activities for the entire family and a chance to win State Fair coupon sheets
- Informational booths from our Benefits team and more

**Please note:** Employees must purchase their own admission and parking to the fairgrounds and show a valid Parkland ID badge to enter the Parkland tent. Families are welcome to join, but giveaways will be available to employees only.

Admission tickets for the State Fair of Texas can be purchased at a discounted rate from the Gift Shop located on the 1st floor of Parkland, from 9 a.m. – 8 p.m., Monday-Friday and 10 a.m. – 4 p.m., Saturday-Sunday.

Stop by to purchase yours today! For more information about the Fair – including events, additional discount opportunities, and more – visit <http://www.bigtex.com>. See you at the State Fair of Texas on Sept. 28!

## Join a self-enhancement workshop this August

Self-Enhancement and Therapy Services (SETS) at the Employee Health Center (EHC) offers FREE virtual workshops for employees with EHC clinical psychologists. [Sign up for a workshop here\\*](#) and you will receive an email with the WebEx link to join the session.

### Modeling Self-Care in Relationships

Angela Hill, PsyD, ABPP | Tuesday, August 20, noon – 1 p.m.

- Learn relationship types, promoting self-care in important relationships, and how to create curiosity and humility to maintain secure and deeper connections with others.

### Positive Psychology

Mark Dalal, PhD | Thursday, August 22, 8 – 9 a.m.

- Learn the principles of positive psychology, how to build what's good in your life, putting the mind in an optimistic space to allow for more personal growth and happiness, and techniques such as savoring, gratitude, kindness, empathy, and more.

### How to Cope with Stress

Mark Dalal, PhD | Thursday, August 29, 8 – 9 a.m.

- Stress is our response to changes in our lives. Learn coping strategies to alleviate the physical and emotional impact of stress.

Learn more about the EHC clinical psychologists who lead SETS workshops! [Mark Dalal, PhD](#) and [Angela Hill, PsyD, ABPP](#).

*\*Workshops have a limited number of spots available and are first come, first served. Once full, registration for that workshop will close. Sessions are NOT recorded.*

## ▶ Annual Required Training deadline extended to Aug. 28

Annual required training must be completed by Wednesday, Aug. 28. This training has been assigned in Parkland Pathways and remains crucial to fulfilling our mission for Dallas County.

### **How can I access this training?**

Employees can access the training by taking the following steps. An email communication with more information was sent on March 20 after the launch:

1. Using your Parkland network ID\* and password, log in to Parkland Pathways by clicking [here](#). You can also access Parkland Pathways from the Parkland Intranet Home page.
2. Under "My Learning Assignments," locate the Annual Required Training 2024 – Phase II program. Make sure to also complete the Phase I program if you haven't already done so.
3. Click on the assignment to view and launch the training program.

*\*As a reminder, your network log-in credentials are the same as you use to log-in to a Parkland computer or Epic.*

### **Who do I contact for technical issues or questions?**

For technical issues or questions regarding Parkland Pathways Learning, please submit a FIX IT ticket via the [IT Self Service Portal](#), Report a Pathways Training Issue via [T.E.S.S. our Virtual Agent](#), or contact the Technical Support Center at 214-590-5999 (ext. 25999).

Be sure to log into Parkland Pathways to complete this training!

## Onward & Upward

**Burn Acute Care Unit:** Iris Viggiani Vidal to Wound Care Technician

**Burn Intensive Care Unit:** Rachel Panek to Senior Registered Nurse Fellow

**Dietary – Nutrition Services:** Ellen Santos to Senior Cook

**ECMO:** Alexis Matthews to ECMO Specialist

**Emergency Department:** Drew Howard and Ryan Pleasant to Registered Nurse Specialist – Emergency

**Environmental Services – PMH:** Stan Padilla to Environmental Services Equipment Technician

**Garland Health Center:** Sukhjit Gill to Senior Medical Practice Assistant

**Global Cancer Program:** Francisco Barrera to Patient Navigator

**HIM Coding Integrity:** Jiban Pathak to Virtual HIM Inpatient Coding Auditor I

**Infectious Disease/OPAT:** Danh Tran to Senior Registered Nurse

**Material Services:** Marvin Anderson to Senior Supply Chain Distribution Technician

**Medical Equipment Distribution Center:** Kelly Lazo to Medical Equipment Distribution Technician

**Neonatal Nursery ICU:** Sharon Contreras to Registered Nurse Specialist – NICU

**Neurosciences ICU:** Gerve-Mina Pluviose to Senior Registered Nurse Fellow

**Nurse Residency:** Isabel Molina-Mexicano, Amber Rivera and Erica Whang to Registered Nurse Specialist

– Emergency; Elizabeth Ramos to Registered Nurse

Specialist – ICU/CCU/PCU; Olabisi Akomolafe, Brandi Diggles, Kamisha Edwards and Susan Jacob to Registered

Nurse; Litzheiry Rodriguez and Kelly Villeda-Alvarado to Registered Nurse – Acute Care; Abigail Zavala to

Registered Nurse Specialist – L&D

**Observation Unit:** Yolanda Villanueva to Unit Technician

**Oncology Services Clinic:** Nytasha Ogans to Senior Medical Practice Assistant

**Operating Room:** Naidelyn Mendoza to Associate Manager, Nursing

**Parkland Center for Clinical Innovation:** Joseph Adkins to Director, Information Security –CSO

**Post Anesthesia Care Unit:** Nnume Nwankwo to Registered Nurse Specialist – Post Anesthesia PACU

**School Based Health/Youth & Family:** July Jones to Licensed Vocational Nurse

**Surgical PCU:** Jafer Abdela to Associate Manager, Nursing

## Retirements

- Sean Grady, Monitor Technician, Telemetry Workroom
- Shirley Hendrix, Case Manager/Counselor HIV, Ryan White Part A
- Rebecca Hutter, Medical Practice Assistant, Palliative Care
- Amarech Messelu, Senior Registered Nurse – Acute Care, Neuroscience Acute Care Unit
- Guillermina Perez Nuno, Environmental Services Technician, Environmental Services – PMH
- Trevor Richards, Registered Nurse Professional Development Practitioner, Clinical Education & Academic Partnership
- Jayne Wiggins, Registered Dietitian – Advanced Practice, Clinical Nutrition – Population Health
- Helena Wright, Medical Practice Assistant, Hatcher Station Health Center



Parkland

Care. Compassion. Community.

Parkland Now is published by the Corporate Communications department at Parkland Health.

Please note the submission deadline for each issue of *Parkland Now* is by the end of day each Monday.

To publicize your news in *Parkland Now*, please send all submissions to [Employees@phhs.org](mailto:Employees@phhs.org) or call ext. 28048.