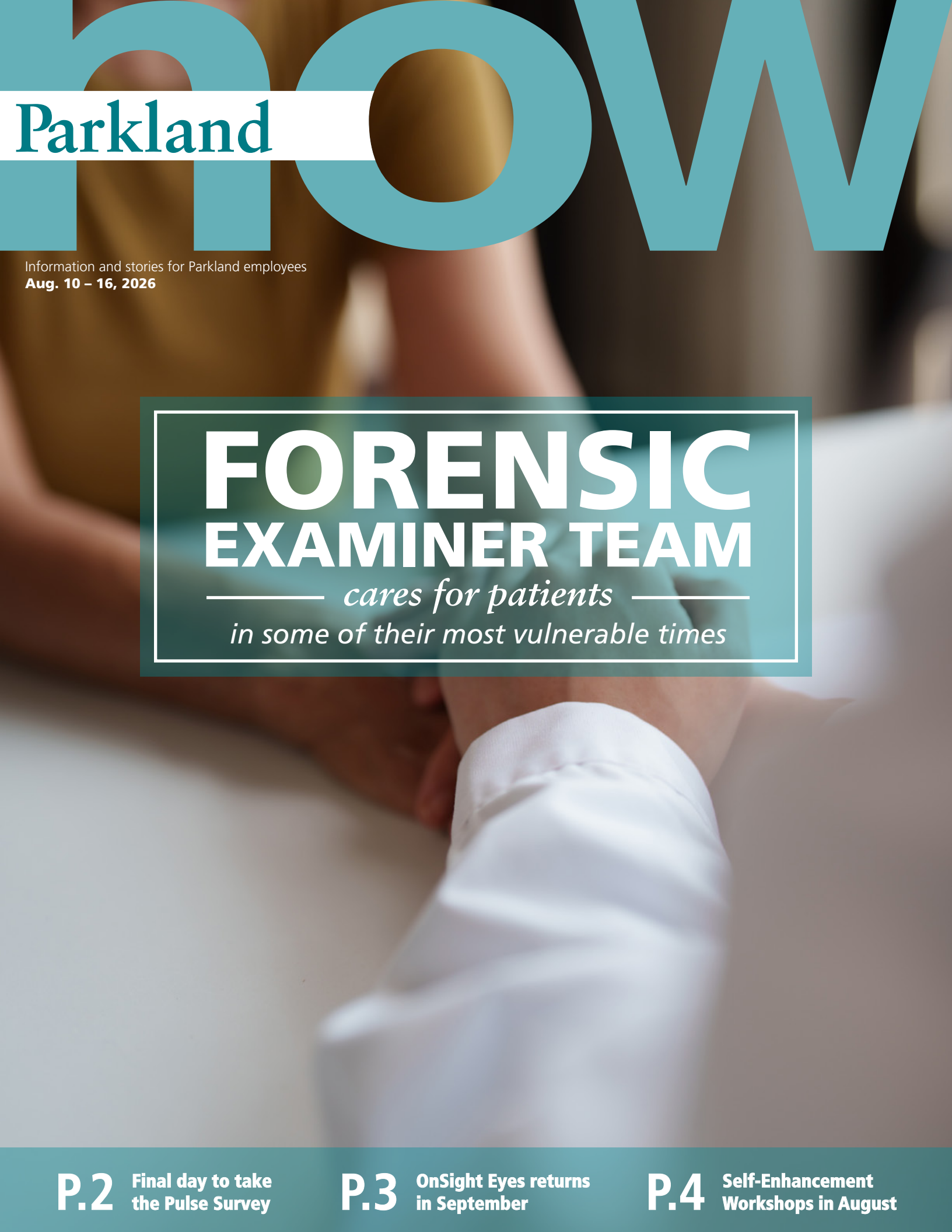




Parkland

Information and stories for Parkland employees
Aug. 10 – 16, 2026

FORENSIC EXAMINER TEAM

— *cares for patients* —
in some of their most vulnerable times

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in September

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Forensic Examiner Team cares for patients in some of their most vulnerable times

Parkland has a unique group of Certified Forensic Nurses called the Forensic Examiner Team (FET). This team provides 24/7 trauma-informed specialized care to victims of violence, serving approximately 1,000 victims per month in our community.

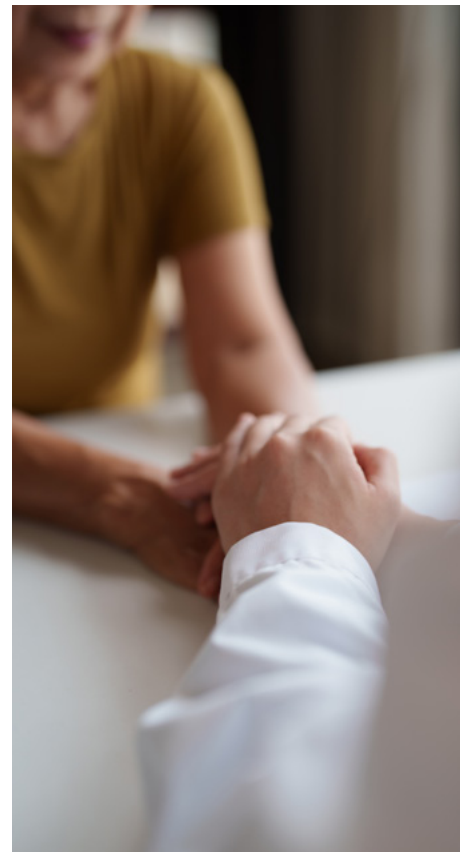
Unfortunately, violence against people is an ugly reality. Violence is blind with no boundaries and affects victims of all ages and social statuses, with thousands of men, women and children in our community affected every year. Violence includes human trafficking, sexual assault, interpersonal violence, domestic violence and physical assaults. When an individual encounters an act of violence, specialized medical care is far from their mind, even though it should be a priority.

Parkland's Forensic Nurses are registered nurses with advanced training in the intersection of healthcare and the legal system. The responsibility of the Forensic Nurse is to begin the healing process by providing trauma-informed care to victims of violence to ensure all medical concerns are addressed. This includes:

- Completing a Medical Forensic Exam, complete with specimen collection and written/photo documentation of victim's history and injuries
- Providing testing and medication for sexually transmitted infections
- Serving as expert witnesses in court proceedings to provide detailed findings of the Medical Forensic Exam

The FET works in collaboration with Parkland's Victim Advocates, who provide crisis intervention, safety planning and support resources, as well as resources for a safe discharge for victims.

The goal for the FET is to promote a healing process for victims' mental, emotional and physical wellbeing. Our Forensic Nurses are committed to serving as the backbone for our patients who have experienced violence and provide them with the tools needed to support them on their journey of healing and closure.



▼ Final day to take the Pulse Survey

Today is your last chance to take the Pulse Survey! The survey is still available for all employees and clinicians hired before April 30, 2026. Your response helps Parkland better understand workforce engagement and track progress toward our shared goals.

If you haven't yet, take the survey today!

- The survey was sent to your Outlook inbox from our third-party survey partner, Press Ganey. This email is not spam or a phishing attempt.
- The survey takes about 5–7 minutes to complete and is in both English and Spanish.
- Your individual responses will not be seen by anyone at Parkland. Press Ganey compiles the results and shares them with Parkland only in a confidential, aggregated format.

We're aiming for 85% participation. If we reach our system-wide goal, all eligible participants will receive a personal handheld massager. If you have any questions about the survey, please contact the Office of Talent Management, or OTM ([OTM Service Portal](#), 469-419-3000, ext. 73000).



HEALTH EQUITY *in* ADVANCING CARE

LECTURE SERIES

▼ New quarterly lecture series begins Aug. 17

The Office of Health Equity is excited to launch the Health Equity in Advancing Care Lecture Series, a quarterly program that examines healthcare through a health equity lens while promoting learning, collaboration and innovation across Parkland. Open to all employees, the series will feature expert speakers and discussions on emerging healthcare trends and innovations that strengthen equitable, compassionate and high-quality patient care.

Join us for the inaugural lecture from noon to 1 p.m. on Monday, Aug. 17, in the MacGregor W. Day Auditorium (1st floor, Moody Outpatient Center), featuring Steve Miff, PhD, President and CEO of the Parkland Center for Clinical Innovation (PCCI).

▼ Lasting Impressions: Carla Roberson



Each week, “Lasting Impressions” features a Parkland employee who does exceptional work and provides excellent customer service. This week’s “Lasting Impressions” features Carla Roberson, Executive Assistant, Corporate Compliance.

“Carla exemplifies the values of Compassion and Collaboration. As a 40+ year employee of Parkland, she has lived a life of service to the Parkland community. As an experienced executive assistant, she is a subject-matter resource to colleagues across the organization. She willingly shares her knowledge and expertise in the spirit of humility and collaboration, never refusing to help when asked. Carla also proactively seeks out opportunities to support others because she recognizes the ‘ripple effect’ of how helping one colleague benefits the entire team. She is a natural problem-solver and information ‘sleuth’ who seeks out the correct answer to any situation. Carla is a gem who shines in many ways, but her lasting impression is the infectious positive attitude that she brings to Parkland every day.”



Want to nominate an employee who goes above and beyond? Tell us what makes them so fantastic by emailing Employees@phhs.org or calling ext. 28048.

Learn about lifestyle and weight management on Aug. 12

Join us from 11 a.m. to 1 p.m. on Wednesday, Aug. 12 outside of Park Market to learn practical tips for healthier habits and discover resources available to support your wellness journey.

- **Meet Samia Ahmed, DNP, APRN, FNP-BC, DipACLM**, from the Employee Health Center as she shares insights on lifestyle medicine and how small changes can lead to big results.
- **Connect with our onsite Cigna Health Coach** for personalized guidance on weight management and healthy living.
- **Talk with representatives** from the Employee Health Center, Cigna Health Coaching and Benefits to learn about programs, services and your health plan benefits.

Whether you’re just getting started or looking to build healthy habits, we’re here to support your journey.



► OnSight Eyes returns in September

We’re excited to once again offer OnSight Eyes—giving employees enrolled in Parkland’s vision plan a convenient way to access vision care right here on campus. Instead of scheduling an offsite appointment with an optometrist or eye care professional, Parkland will host OnSight Eyes on campus from 8:30 a.m. to 5 p.m. on Tuesday, Sept. 8, through Thursday, Sept. 10, for employees currently enrolled in the Parkland vision plan. To schedule an appointment, [click here](#).

Services provided include:

- Eye e`xam (covered by Parkland’s vision plan)
- Selection of glasses and eyewear for employees – covered by Parkland’s vision plan

OnSight Eyes will offer these services next to the Employee Health Center in the Moody Outpatient Center 4th Floor Conference Room (04-1100) on the dates/times listed below. Vision plan copays will apply, and appointments are required.

Self-Enhancement Workshops in August

From Reaction to Reflection:

Emotional Literacy, Regulation and Resilience

Angela Hill, PsyD, ABP | Noon – 1 p.m. Thursday, Aug. 13

The Wisdom of Anger:

Understanding the Message Beneath the Emotion

Angela Hill, PsyD, ABP | Noon – 1 p.m. Tuesday, Aug. 18

The Stress Fix: Practical Steps to Unwind and Recharge

Mark Dalal, PhD | Noon – 1 p.m. Thursday, Aug. 20

Heads Up! Is Tech/Text Neck Causing You Pain Chiropractic Workshop

Mia Cunningham, DC | Noon – 12:30 p.m. Tuesday, Aug. 25

Thrive Online: The Art of Mindful Social Media Use

Mark Dalal, PhD | Noon – 1 p.m. Thursday, Aug. 27

Perfectionism, People-Pleasing and Procrastination: How Hidden Habits Hold Us Back

Rebecca Catlett, LCSW | Noon – 1 p.m. Monday, Aug. 31

NEW
TOPIC!

NEW
TOPIC!

Join a FREE workshop hosted by Self-Enhancement and Therapy Services (SETS) at the Employee Health Center, led by EHC clinical psychologists and licensed clinical social workers. [Sign up for a workshop here*](#) and you will receive an email with the WebEx link to join the session.

**Workshops have a limited number of spots available and are first come, first served. Once full, registration for that workshop will close. Sessions are NOT recorded.*



► Introducing the Community Health Primary Care Clinic

Parkland has opened a new adult primary care clinic piloting a value-based care model. The Community Health Primary Care Clinic (CHPCC) is a teaching clinic staffed by residents from the [Community and Population Health](#) internal medicine track. Visits are designed to give the team dedicated time with each patient, and care continues between appointments through team outreach and follow-up to close care gaps and manage chronic conditions, all while training the next generation of physicians in population health.

This clinic sees adults Wednesdays and Fridays in the Moody Outpatient Center (2E) and new patients are welcome! If you have questions, email Sheryl Mathew, Director of Clinical Innovation, at Sheryl.Mathew@phhs.org.

Congratulations!

- Patricia Brown, MBA, MMHA, CPCS, CPMSM, FMSP, and Maggie Palmer, MSA, CPCS, CPMSM, FMSP, earned the National Association Medical Staff Services Fellow Designation – the highest honor awarded to Medical Services Professionals. This prestigious recognition reflects their leadership, expertise and commitment to advancing excellence in medical staff services, credentialing, regulatory compliance and physician engagement.
- Robert Metzger, DNP, MBA, APRN, FNP-BC, was selected as a Fellow of the American Association of Nurse Practitioners. The FAANP is the highest professional designation for Nurse Practitioners and recognizes outstanding contributions to clinical practice, research, education, and advocacy. Less than 1% of NPs are recognized as fellows.
- Pamela Bryant, Senior Vice President and Chief Supply Chain Officer, was being named to the Bellwether League Foundation Class of 2026 Healthcare Supply Chain Leadership Hall of Fame. This prestigious honor recognizes leaders whose innovation, vision and lasting contributions have helped shape the future of healthcare supply chain management.



Parkland

Care. Compassion. Community.

Parkland Now is published by the Corporate Communications department at Parkland Health.

Please note the submission deadline for each issue of *Parkland Now* is by the end of day each Monday.

To publicize your news in *Parkland Now*, please send all submissions to Employees@phhs.org or call ext. 28048.