

Pride Month

Parkland

Information and stories for Parkland employees
June 15 – 21, 2026



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Parkland celebrates Pride Month

June is Lesbian, Gay, Bisexual, Transgender and Queer (LGBTQ+) Pride Month. This is celebrated annually in the United States to honor the 1969 Stonewall Uprising in Manhattan. For more than half a century, this commemorative occasion has served as an opportunity to celebrate, recognize and support the LGBTQ+ community and the valuable contributions LGBTQ+ people have had in the world. Throughout the month, groups coordinate a variety of marches, parades, festivals, conferences and other events to help celebrate, vocalize, educate and garner support for current issues affecting the LGBTQ+ community.

Parkland is committed to delivering equitable, affirming and high-quality care to all patients, including those in the LGBTQ+ community. Over the years, Parkland has implemented several initiatives to address health disparities and promote representation.

- **Recognition for LGBTQ+ Healthcare Equality:** Parkland has been acknowledged by the Human Rights Campaign Foundation as a Leader in LGBT Healthcare Equality, meeting rigorous criteria in patient-centered care, employee policies and community engagement.
- **Transgender health services:** In response to the growing need for comprehensive and affirming medical care, Parkland established a clinic in 2015 specifically for the transgender community. This clinic offers behavioral health care, primary healthcare and hormonal treatments, serving over 500 patients.
- **Community engagement:** Parkland actively participates in community events and collaborates with local organizations to promote health education and services tailored to the LGBTQ+ community.

These efforts reflect Parkland's ongoing commitment to fostering a healthcare environment where every individual feels respected, supported and valued.

Learn more:

Parkland's LGBTQ+ Employee Resource Group works to create a safe and inclusive environment throughout the organization and is supportive of LGBTQ+ employees, patients, families, friends, and allies. To learn about how to get involved or receive updates about their meetings, events, and activities, please visit their [SharePoint page](#) or email LGBTQ@phhs.org.

You can find out more about LGBTQ+ cultural competency and working with LGBTQ+ healthcare issues through the National LGBTQIA+ Health Education Center. It is available at www.lgbtqiahealtheducation.org, maintained by the Fenway Institute and the National Institutes of Health. This site a broad selection of online self-paced courses, which are written for different audiences (providers, nurses, frontline nonclinical staff) and various medical areas (obstetrics, geriatrics, pediatrics, behavioral health as well as family/internal medicine).



► Retirement Readiness: 2026 and Beyond

With so much going on in the world, we often put important tasks such as saving for retirement on the back burner. Whether retirement is a long time in the future or just around the corner, will you be ready financially? Join us this week for a retirement planning workshop, available in person or virtually, and learn strategies to help you prepare for your financial future.

Attend these on-campus/virtual meetings hosted by Milliman, recordkeeper for our retirement plans, to discover how Parkland's retirement benefits can help you retire when you are ready. We will close each session with a Q&A.

Whether you are a new hire or a long-term employee, you can get a clear overview of Parkland's retirement benefits and learn how to maximize your options. You will also learn about key considerations to help you plan for your financial future.

Wednesday, June 17:

Ready, Set, Retire: Navigating Retirement Income, Social Security and Medicare

- 11 a.m. in the MacGregor W. Day Auditorium (in-person + virtual)
 - [Join the Webex](#)
 - **Event number:** 2314 552 0507
 - **Event Password:** uhX7CPPjZ69
- 1 p.m. in the Private Dining Room (in-person only)

Unable to attend? Access handouts, (including FAQs) and view a recording after the meetings [here](#) in the retirement section.

Tuesday, Aug. 11:

Master Your Money: A Guide to Debt, Credit and Saving for the Future

- 10 a.m. and 3 p.m. (virtual only)
- [Register here](#)

▼ Lasting Impressions: Travis Recksiek



Each week, "Lasting Impressions" features a Parkland employee who does exceptional work and provides excellent customer service. This week's "Lasting Impressions" features Travis Recksiek, Biomedical Equipment Technician, Clinical Engineering.

"Travis exemplified ICARE values when he devised a plan to minimize disruptions with continuous renal replacement therapy (CRRT) devices during Daylight Saving Time and communicated to ICU leaders how their staff could best complete the transition. While it may not seem to be a big deal for some that clocks would not be updated on a device, this requires nursing staff to manually input several values into flowsheet rows every hour and as needed because the Epic integration becomes impaired. It taxes the nurse who must do this at least 12 times throughout the shift when they have other duties caring for a critically ill patient. It was very meaningful that Travis would be considerate of the needs of the patients and staff during such a time. He proactively updated the clocks on several devices and tagged them so that they could easily be switched out during the time change window. Additionally, he elected to come to work early Sunday morning to help continue the transition by updating devices that were switched and continue offering device support. The ways with which he communicates and collaborates with the interdisciplinary team goes above and beyond his daily duties. We are grateful for his expertise and appreciate the support towards providing the highest quality care for the patients we serve."



Want to nominate an employee who goes above and beyond? Tell us what makes them so fantastic by emailing Employees@phhs.org or calling ext. 28048.

Join the Employee Town Hall on June 18

Parkland's next in-person Employee Town Hall session open to all Parkland team members will be at 11 a.m. Thursday, June 18, in the MacGregor W. Day Auditorium (1st floor, Moody Outpatient Center). As always, this session will also be available via WebEx using the information below.

- **Join the WebEx**
- **Event number:** 2663 138 3998
- **Event password:** euP5UewBM59 (38758392 when dialing from a phone or video system)
- **Join by phone:** 1-650-479-3208

We hope to see you there! To catch up on any town halls you missed, [click here](#).

► Records Disposition Authorization Form now available in Access eForms

The Records Disposition Authorization Form is now available electronically in Access eForms (Passport), allowing users to complete and sign the form within the application and streamlining submission and approval of records destruction.

Because destruction forms must be retained permanently, completed and approved forms are automatically routed to OnBase for final filing. This reduces manual handling and helps ensure the record is retained in Parkland's system of record.

To access the new form, visit the eForms Catalog at <https://eforms.phhs.org/> and select the "Records & Info Mgmt" form group. For questions or assistance, contact PHHS.RIM@phhs.org.

Register for the June 16 blood drive

Parkland will host a Carter BloodCare blood drive from 10 a.m. to 5 p.m. Tuesday, June 16, in the Private Dining Room. Online registration is encouraged and is available by [clicking here](#). There will also be a limited opportunity to accommodate walk-ups, based on availability.

Blood donors should bring a driver's license, know their medications, eat a good meal and drink plenty of fluids. For more information, contact Monique Barksdale at 469-419-1628 (ext. 71628) or Monique.Barksdale@phhs.org.



Self-Enhancement Workshops in May

Join a FREE workshop hosted by Self-Enhancement and Therapy Services (SETS) at the Employee Health Center, led by EHC clinical psychologists and licensed clinical social workers. [Sign up for a workshop here*](#) and you will receive an email with the WebEx link to join the session.

**Workshops have a limited number of spots available and are first come, first served. Once full, registration for that workshop will close. Sessions are NOT recorded.*

"According to Psychology:" Navigating Mental Health Misinformation

Angela Hill, PsyD, ABP & Mark Dalal, PhD | Noon – 1 p.m. Tuesday, June 16

Sitting is the New Smoking... Now What?

Mia Cunningham, DC | Noon – 12:30 p.m. Wednesday, June 17

Where You End and I Begin: Mastering Healthy Boundaries

Angela Hill, PsyD, ABP | Noon – 1 p.m. Tuesday, June 30

► **Nominate a deserving APP by July 6**

It's time to submit nominations for Parkland's 2026 Advanced Practice Provider (APP) of the Year awards. Nominate a deserving APP, APP Team or Physician Partner who exemplifies Parkland's mission, vision and ICARE values by Monday, July 6. To submit a nomination, [click here](#). Categories include:

- APP Team of the Year
- APP Early Career Excellence Award (an APP with less than 5 years of experience)
- APP Leadership Award (open to all APPs, not limited to Team Leads, Managers or Directors)
- APP Preceptor of the Year (an APP with 2 or more years of experience)
- APP Scholarly Endeavors Award
- APP Community Service Award
- Physician Partner of the Year (from APP to Physician Partner)

The 2026 APP of the Year Award ceremony will be at 4 p.m. on Tuesday, Sept. 22, in the MacGregor W. Day Auditorium (1st Floor, Moody Outpatient Center). All Parkland team members are welcome to come celebrate our outstanding advanced practice providers.

'On My Own Time' submissions open through July 7

Ready to showcase your creativity at Parkland? Here's your moment!

Parkland is excited to once again take part in "On My Own Time," a regional art competition hosted by the Business Council for the Arts that highlights the artistic talents of professionals across North Texas. Don't miss your chance to share your work and represent Parkland!

Click below to submit your entry and get involved—we'd love to see what you create.

- [Visual Arts Submission](#)
- [Literary Arts Submission](#)

The deadline for all entries is Tuesday, July 7, and you can find submission guidelines [here](#). For more information on the Own My Own Time program, please contact Workforce Experience Team at EmployeeEngagement@phhs.org.

Please note: If you participated in the Nurses Week Art Contest, your submission will automatically be entered.



Parkland

Care. Compassion. Community.

Parkland Now is published by the Corporate Communications department at Parkland Health.

Please note the submission deadline for each issue of *Parkland Now* is by the end of day each Monday.

To publicize your news in *Parkland Now*, please send all submissions to Employees@phhs.org or call ext. 28048.